

September 2020



Dear Parent/Carer

I hope this letter finds you well. I am writing to inform you of the updates and changes to Physical Education at Perryfields; these changes have been made in line with Government and AfPE guidance.

Pupils will be expected to arrive at school in **full PE kit** on the days where they are **timetabled PE**, and should wear their kit for the **entirety of the day**. This will reduce the risk of transmission in the changing rooms, allowing the changing rooms to be used just to store pupils' belongings. The full PE kit is listed below:

- Green and white reversible multisport top
- Green polo shirt with logo
- Black shorts and/or tracksuit bottoms with logo (New style, 'on trend' tracksuit bottoms available)
- Black Perryfields High School socks with logo or plain black football socks.
- Sports trainers

KS4 Dance kit – Black Perryfields High School BTEC polo shirt and black leggings

Pupils will be allowed to wear **extra layers** on top of their PE kit when necessary, although pupils should be wearing full PE kit before any extra layers are added. If pupils do not have any item of PE kit, for any reason, please send your child into school with a **note** explaining the situation.

PE lessons will only include **non-contact sports** to begin with, and future activities will be decided upon as government guidelines are updated and released. I apologise in advance for not being able to provide you with the activity rota for the full year. However, please be assured that as soon as we make any future decisions, we will inform parents and carers.

PE lessons will be **taking place outside** whenever weather conditions allow. This may mean that at times, pupils will be taking part in PE on the field following bad weather. Our advice is to send pupils in to school wearing a pair of trainers that are suitable to use on the school field, which may well be muddy. It is also acceptable to send pupils in with a pair of football boots for their PE lesson if we have experienced bad weather.

In the event of unexpected **bad weather**, pupils may get wet during PE lessons. Therefore, we are asking that pupils bring a **spare change of clothes on PE days** so that in the unlikely case of unexpected bad weather, pupils will be able to change their clothes. This can be any alternative sports kit. If this situation does occur, we will be using all of the indoor space available for changing areas. In the case of expected bad weather, we have indoor areas and classrooms available at all times.

We will still be keeping **valuable items** safe during PE for pupils. When handing in valuables in the changing rooms, pupils will need to **bring their items in a bag (e.g freezer/food bag)** with their name clearly marked on the bag. This is so staff do not have to handle pupils' belongings and so the owner is easily identifiable at the end of the lesson.

Finally, all **extra-curricular activities are suspended** for the time being. Extra-curricular is a huge part of the PE department and we hope to be able to re-introduce out of school activities as soon as it is safe to do so.

If you have any questions/queries, please do not hesitate to contact me on 0121 421 7979 ext. 147.

Yours sincerely

A handwritten signature in blue ink, appearing to read 'J. Swingler', written in a cursive style.

Mr. J Swingler  
Head of Physical Education