

October 2020



Dear Parent/Carer

I am writing again to inform you of the most recent updates in Physical Education at Perryfields; all decisions have been made in line with Government, NGB and AfPE guidance. These changes will be in place from **week commencing 12/10/2020**.

Reminders

Pupils will be expected to arrive at school in **full PE kit** on the days where they are **timetabled PE**, and should wear their kit for the **entirety of the day**. This will reduce the risk of transmission in the changing rooms, allowing the changing rooms to be used just to store pupils' belongings. The full PE kit is listed below:

- Green and white reversible multisport top
- Green polo shirt with logo
- Black shorts and/or tracksuit bottoms with logo (New style, 'on trend' tracksuit bottoms available)
- Black Perryfields High School socks with logo or plain black football socks.
- Sports trainers

KS4 Dance kit – Black Perryfields High School BTEC polo shirt and black leggings

Pupils will be allowed to wear **extra layers** on top of their PE kit when necessary, although pupils should be wearing full PE kit before any extra layers are added. Pupils will be expected to remove the extra layers in PE and in classrooms (excluding tracksuit bottoms). If pupils do not have any item of PE kit, for any reason, please send your child into school with a **note** explaining the situation.

Updates

The PE curriculum will now include sports where COVID safe advice and guidance has been released by the National Governing Body (NGB) for that sport. As a PE department, we will be using NGB's advice to ensure our lessons and curriculum are adhering to the most recent and up-to-date guidance. All NGB advice and guidance has been created with Government advice in mind, and has been verified by the Government before publication.

Due to the inevitable change in weather, lessons will now be indoors as well as outdoors. Due to the unpredictability of the field facilities, we cannot expect pupils to potentially get wet and muddy in PE lessons and continue their school day in their kit. Therefore, pupils will be either indoors, in our large indoor facilities, or outdoors on our concrete areas for PE.

All pupils will only need their normal compulsory PE kit for their upcoming activities. Pupils taking part in football will **NOT** need football boots (we will not be on the field), however, shin pads are recommended. I have attached the list of activities each PE group will be doing next for your information. Please check the school website for future activity updates going forward.

Finally, all **extra-curricular activities are still suspended** for the time being. Extra-curricular is a huge part of the PE department, and we hope to be able to re-introduce out-of-school activities as soon as it is safe to do so.

If you have any questions/queries, please do not hesitate to contact me on 0121 421 7979 ext. 147.

Yours sincerely

A handwritten signature in blue ink, appearing to read 'J. Swingler', written in a cursive style.

Mr. J Swingler
Head of Physical Education

| Activity Rota 2020-21 | |
|------------------------------|--------------------------|
| | |
| | 11/10/20-20/11/19 |
| Group | Activity 2 |
| | |
| 7PDM1 | Table Tennis |
| 7PDM2 | Trampolining |
| 7PDM3 | Basketball/Netball |
| | |
| 7PDM4 | Basketball/Netball |
| 7PDM5 | Dance |
| 7PDM6 | Basketball/Netball |
| | |
| 7PDM7 | Basketball/Netball |
| 7PDM8 | Basketball/Netball |
| 7PDM9 | Dance |
| | |
| | |
| 8A1 | Basketball/Netball |
| 8A2 | Dance |
| 8A3 | Basketball/Netball |
| | |
| 8B1 | Basketball/Netball |
| 8B2 | Trampolining |
| 8B3 | Basketball/Netball |
| | |
| 8C1 | Basketball/Netball |
| 8C2 | Badminton |
| 8C3 | Dance |
| 8C4 | Trampolining |
| | |
| 9A1 | Basketball/Netball |
| 9A2 | Trampolining |
| 9A3 | Basketball/Netball |
| | |
| 9B1 | Basketball/Netball |
| 9B2 | Trampolining |
| 9B3 | Table Tennis |
| | |
| 9C1 | Trampolining |
| 9C2 | Badminton |
| 9C3 | Dance |
| 9C4 | Basketball/Netball |
| | |
| 10A1 | Football |
| 10A2 | Basketball/Netball |
| 10A3 | Badminton |
| 10A4 | Trampolining |
| | |
| 10B1 | Football |
| 10B2 | Basketball/Netball |
| 10B3 | Badminton |
| 10B4 | Trampolining |